



**Apparatus World Cup**  
Tishan  
Doha, Qatar 17-20 April, 2024



**Training Hall Schedule**

Date	Subdivision	Time		Duration	Gender	Unit
		Start	Finish			
Sunday 14/4/2024	per Request	8:30	12:30	4:00	WAG - MAG	Free Training - per Request
		15:30	19:30	4:00	WAG - MAG	Free Training - per Requeast
Monday 15/4/2024	subdivision 1	8:00	10:30	2:30	WAG - MAG	Free Training Subdivision 1 for VT & FX will be per Time
		8:00	8:30	0:30	WAG - MAG	General Wam-up
		8:30	9:30	1:00	WAG - MAG	WAG VT (125) - MAG FX Free Training
		9:30	10:30	1:00	WAG - MAG	WAG FX - MAG VT (135) Free Training
		11:00	13:30	2:30	WAG - MAG	Free Training Subdivision 2 for VT & FX will be per Time
	subdivision 2	11:00	11:30	0:30	WAG - MAG	General Wam-up
		11:30	12:30	1:00	WAG - MAG	WAG VT (125) - MAG FX Free Training
		12:30	13:30	1:00	WAG - MAG	WAG FX - MAG VT (135) Free Training
		14:30	17:00	2:30	WAG - MAG	Free Training Subdivision 1 for VT & FX will be per Time
	subdivision 1	14:30	15:00	0:30	WAG - MAG	General Wam-up
		15:00	16:00	1:00	WAG - MAG	WAG VT (125) - MAG FX Free Training
		16:00	17:00	1:00	WAG - MAG	WAG FX - MAG VT (135) Free Training
		17:30	20:00	2:30	WAG - MAG	Free Training Subdivision 2 for VT & FX will be per Time
	subdivision 2	17:30	18:00	0:30	WAG - MAG	General Wam-up
		18:00	19:00	1:00	WAG - MAG	WAG VT (125) - MAG FX Free Training
		19:00	20:00	1:00	WAG - MAG	WAG FX - MAG VT (135) Free Training
Tuesday 16/4/2024		Subdivision 1	8:00	9:30	1:30	WAG
	Subdivision 2	9:30	11:00	1:30	WAG	Free Training as Schudule
	Subdivision 1	14:25	14:45	0:20	WAG	General Warm-up Subdivision 1 for <i>Podium Training</i>
	Subdivision 2	16:10	16:30	0:20	WAG	General Warm-up Subdivision 2 for <i>Podium Training</i>
	per Request	16:30	18:30	1:30	MAG	Free Training per Requeast
Wednesday 17/4/2024	Subdivision 1	8:00	9:30	1:30	WAG - MAG	Free Training Subdivision 1 for VT & FX will be per Time
		8:00	8:20	0:20	WAG - MAG	General Wam-up
		8:20	8:55	0:35	WAG - MAG	WAG VT (125) - MAG FX Free Training
		8:55	9:30	0:35	WAG - MAG	WAG FX - MAG VT (135) Free Training
	Subdivision 2	9:30	11:00	1:30	WAG - MAG	Free Training Subdivision 1 for VT & FX will be per Time
		9:30	9:50	0:20	WAG - MAG	General Wam-up
		9:50	10:25	0:35	WAG - MAG	WAG VT (125) - MAG FX Free Training
		10:25	11:00	0:35	WAG - MAG	WAG FX - MAG VT (135) Free Training
	Competition Groups	15:00	20:00	0:45	MAG	General & Specific Warm-up (FX - PH - SR) Qualification
	Competition Groups	15:00	19:30	0:45	WAG	General & Specific Warm-up (VT - UB) Qualification
Thursday 18/4/2024	Subdivision 1	8:00	9:30	1:30	WAG - MAG	Free Training Subdivision 1 for VT & FX will be per Time
		8:00	8:20	0:20	WAG - MAG	General Wam-up
		8:20	8:55	0:35	WAG - MAG	WAG VT (125) - MAG FX Free Training
		8:55	9:30	0:35	WAG - MAG	WAG FX - MAG VT (135) Free Training
	Subdivision 2	9:30	11:00	1:30	WAG - MAG	Free Training Subdivision 1 for VT & FX will be per Time
		9:30	9:50	0:20	WAG - MAG	General Wam-up
		9:50	10:25	0:35	WAG - MAG	WAG VT (125) - MAG FX Free Training
		10:25	11:00	0:35	WAG - MAG	WAG FX - MAG VT (135) Free Training
	Competition Groups	15:00	20:00	0:45	MAG	General & Specific Warm-up (VT - PB - HB) Qualification
Competition Groups	15:00	19:30	0:45	WAG	General & Specific Warm-up (BB - FX) Qualification	
Friday 19/4/2024	Training	8:30	10:30	2:00	MAG - WAG	Free Training - Qualified gymnasts Training Hall
	Finalist	14:30	15:30	1:00	MAG - WAG	Specific Warm-Up (Only Finalist) (FX-PH-SR) &(VT-UB) Com. Hall
Saturday 20/4/2024	Training	8:30	10:30	2:00	MAG - WAG	Free Training - Qualified gymnasts Training Hall
	Finalist	14:30	15:30	1:00	MAG - WAG	Specific Warm-Up (Only Finalist) (VT-PB-HB) &(BB-FX) Com. Hall