



16th ARTISTIC GYMNASTICS WORLD CUP *TaiShan*

17-20 April, 2024 - Aspire Ladies Sports Hall, Doha - Qatar



WORK PLAN

FIG Event ID: 17113

Mazin Taha

Official Partners



Official Suppliers



Host Broadcaster



Branding Partner



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2-Federation International de Gymnastique

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- MAG FIG Technical Delegate: Mr. Jeffrey Thomson
- WAG FIG Technical Delegate: Ms. Donatella Sacchi

3-Accreditation & Info Desk

The accreditation is personal, non-transferable and compulsory to control access to training, competition hall, functions and official transport. It identifies individuals participating in the Doha world Cup and ensures controlled access to each area. All participants and officials are required at all times, to wear Accreditation Cards and respect those personnel responsible for monitoring entry. The Info Desk will be in each hotel & Hall

4-Accommodation

*The TORCH DOHA ****** Located beside competition hall
Al Waab Street
P.O.Box: 23833 Doha / Qatar Tel: +974 44465600
Fax: +974 44465700
web site: www.thetorchdoha.com



AL-AZIZIYAH BOUTIQUE HOTEL
Located on walking distance from competition hall Al Baaya
Street, Aspire Zone
P.O.Box: 92996 Doha / Qatar Tel : +974 4445555
web site: www.thetorchdoha.com



Grand Regency Doha HOTEL
Located at 8 kms (+/- 15') distance from competition hall
Jawaan St, Doha Tel: +974 4434 3333 Web site:
www.grandregencydoha.com



5-Access for Delegations

Aspire Ladies Sport Hall

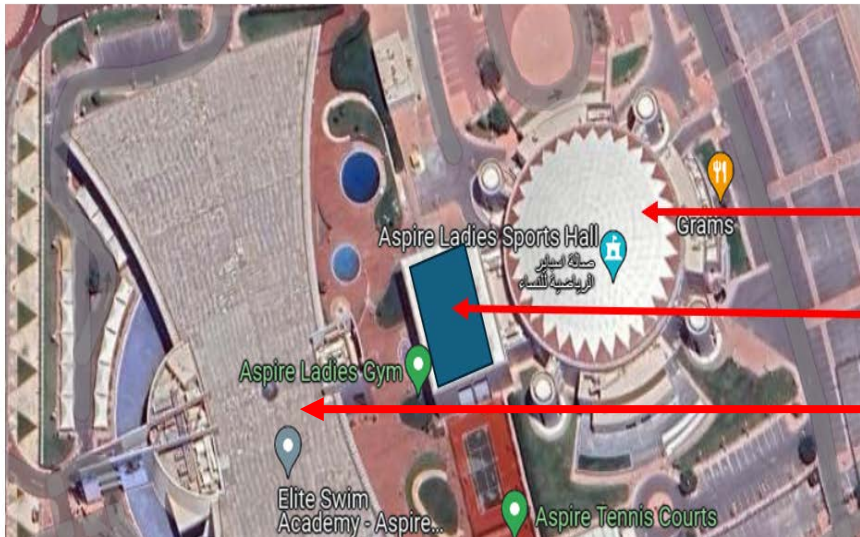
Staff
Entrance

Spectators
Entrance

VIP
Entrance



Delegations
Entrance

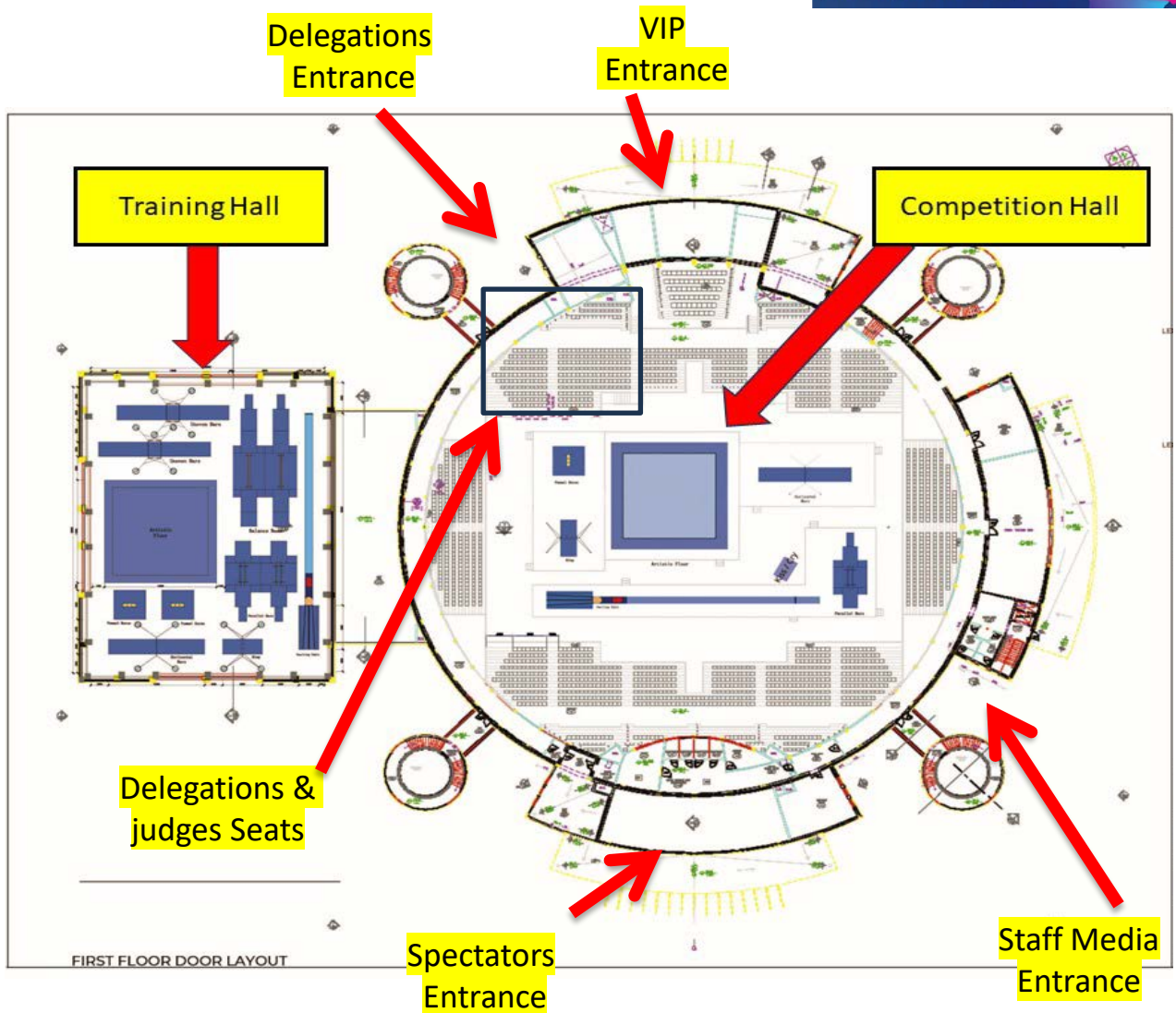


Competition
Hall

Training Hall
MAG - WAG

Orientation
Meeting

6-FOP & Training Hall



7-Kiss and Cry & Medal Ceremony



In Final when the Gymnast Finish His Routine, he /she will Go to the Kiss And Cry The Gymnast is waiting for the final scoring

Medal Ceramony:
NO FLAGS during Medal ceremonies it will be on the big screen





16th Artistic Gymnastics Apparatus World Cup

TaiShan

Doha, Qatar 17-20 April, 2024



8-Provisional Schedule

Provisional Competition Schedule

Date	Time		Duration	Venue	Phase	Gender	Unit
	Start	Finish					
Arrival Delegation & Training							
Sunday 14/4/2024							
14/4/2024	8:30	12:00	3:30	Training Hall	Training	WAG - MAG	Free Training
	16:00	19:30	3:30	Training Hall	Training	WAG - MAG	Free Training
Monday 15/4/2024							
15/4/2024	8:00	10:30	2:30	Training Hall	Training	WAG - MAG	Free Training Subdivision 1 as Schedule
	11:00	13:30	2:30	Training Hall	Training	WAG - MAG	Free Training Subdivision 2 as Schedule
	14:30	17:00	2:30	Training Hall	Training	WAG - MAG	Free Training Subdivision 1 as Schedule
	17:30	20:00	2:30	Training Hall	Training	WAG - MAG	Free Training Subdivision 2 as Schedule
Tuesday 16/4/2024							
Podium Training + Meeting							
16/4/2024	8:00	9:30	1:30	Training Hall	Training	WAG	Free Training Sub 1 as Schedule
	9:30	11:00	1:30	Training Hall	Training Hall	WAG	Free Training Sub 2 as Schedule
	9:00	10:30	1:30	Meeting Room	Judge's Meeting	MAG	Men's Judges & TD Meeting (Instruction and Draw) + Scoring instruction
	10:00	12:00	2:00	Comp. Hall	G.W-up & Training	MAG	MAG General Warm-up & Podium Training Sub.1 Free Training
	12:10	14:10	2:00	Comp. Hall	G.W-up & Training	MAG	MAG General Warm-up & Podium Training Sub.2 Free Training
	13:15	14:45	1:30	Meeting Room	Judge's Meeting	WAG	Women's Judges & TD Meeting (Instruction and Draw) + Scoring instruction
	14:10	14:45	0:40	Comp. Hall	Change Apparatus		
	14:25	14:45	0:20	Training Hall	G.Warm-up	WAG	General Warm-up Sub 1
	14:45	16:15	1:30	Comp. Hall	Training	WAG	WAG Podium Training Sub.1 per Group as Schedule
	16:10	16:30	0:20	Training Hall	G.W-up	WAG	General Warm-up Sub 2
	16:30	18:00	1:30	Comp. Hall	Training	WAG	WAG Podium Training Sub.2 per Group as Schedule
	18:30	19:30	1:00	Laides Club	Meeting	MAG + WAG	Orientation Meeting (max. 2 per N.F)
16:30	18:30	2:00	Training Hall	Training	MAG	Free Training per request	
Wednesday 17/4/2024							
Individual Qualification							
17/4/2024	8:00	9:30	1:30	Training Hall	Training	MAG + WAG	Free Training Subdivision 1 as Schedule
	9:30	11:00	1:30	Training Hall	Training	MAG + WAG	Free Training Subdivision 2 as Schedule
	14:45	15:15	0:30	Meeting Room	Judges Meeting	MAG	Men's Judges & TD Meeting Roll Call
	15:15	15:45	0:30	Meeting Room	Judges Meeting	WAG	WAG Judges & TD Meeting Roll Call
	15:00	20:00	0:45	Training Hall	Warm-Up	MAG	General & Specific Warm-up (FX - PH - SR) Follow the Competition Groups
	15:00	19:30	0:45	Training Hall	Warm-Up	WAG	General & Specific Warm-up (VT - UB) Follow the Competition Groups
	16:00	20:00	4:00	Comp. Hall	Competition	MAG	Qualifications for Apparatus Finals (FX - PH - SR)
	16:00	19:00	3:00	Comp. Hall	Competition	WAG	Qualifications for Apparatus Finals (VT - UB)
Thursday 18/4/2024							
Individual Qualification							
18/4/2024	8:00	9:30	1:30	Training Hall	Training	MAG + WAG	Free Training Subdivision 1 as Schedule
	9:30	11:00	1:30	Training Hall	Training	MAG + WAG	Free Training Subdivision 2 as Schedule
	14:45	15:15	0:30	Meeting Room	Judges Meeting	MAG	Men's Judges & TD Meeting Roll Call
	15:15	15:45	0:30	Meeting Room	Judges Meeting	WAG	WAG Judges & TD Meeting Roll Call
	15:00	20:00	0:45	Training Hall	Warm-Up	MAG	General & Specific Warm-up (VT - PB - HB) Follow the Competition Groups
	15:00	19:30	0:45	Training Hall	Warm-Up	WAG	General & Specific Warm-up (BB - FX) Follow the Competition Groups
	16:00	20:00	4:00	Comp. Hall	Competition	MAG	Qualifications for Apparatus Finals (VT - PB - HB)
	16:00	19:00	3:00	Comp. Hall	Competition	WAG	Qualifications for Apparatus Finals (BB - FX)
Friday 19/4/2024							
Apparatus Final - First Part							
19/4/2024	8:30	10:30	2:00	Training Hall	Training	MAG + WAG	Free Training - Qualified gymnasts
	14:30	15:30	1:00	Comp. Hall	Warm-Up	MAG + WAG	Specific Warm-Up (Only Finalist)
	14:00	14:45	0:45	Meeting Room	Judges Meeting	MAG	Men's Judges & TD Meeting and draw
	14:45	15:30	0:45	Meeting Room	Judges Meeting	WAG	WAG Judges & TD Meeting and draw
	16:00	19:30	3:30	Comp. Hall	Apparatus Final	MAG + WAG	Apparatus Final First Part (FX - PH - SR) - (VT - UB)
Saturday 20/4/2024							
Apparatus Final - Second Part							
20/4/2024	8:30	10:30	2:00	Training Hall	Training	MAG - WAG	Free Training - Qualified gymnasts
	14:30	15:30	1:00	Comp. Hall	Warm-Up	MAG - WAG	Specific Warm-Up (Only Finalist)
	14:00	14:45	0:45	Meeting Room	Judges Meeting	MAG	Men's Judges & TD Meeting Roll Call
	14:45	15:30	0:45	Meeting Room	Judges Meeting	WAG	WAG Judges & TD Meeting Roll Call
	16:00	19:30	3:30	Comp. Hall	Apparatus Final	MAG + WAG	Apparatus Final First Part (VT - PB - HB) - (BB - FX)

MAG - WAG - Subdivisions & Groups



9-Subdivisions & Groups

MAG - Subdivisions

Subdivision 1			
National Federations			
AIN	AUT	ARM	AUS
AZE	BRA	BUL	CAN
CRO	CUB	CYP	DOM
FRA	GBR	GEO	GER
COL	EGY	HAI	

Subdivision 2			
National Federations			
IRL	ITA	JOR	KAZ
LTU	MAS	MEX	MGL
HKG	PRK	QAT	PHI
USA	UZB	VIE	LAT
IRI	PER	SRI	TPE

WAG - Subdivisions & Groups

Subdivision 1			
Group 1	Group 2	Group 3	Group 4
AIN	BEL	ESP	GEO
ALG	BUL	EGY	IND
AUT	CRO	FIN	ITA
AZE	CZE - DEN	GBR	HAI

Subdivision 2			
Group 5	Group 6	Group 7	Group 8
LAT	NZL - PAN	QAT	TPE
MEX	PHI	SLO	TUR
MON	POR	SRI	UKR
KAZ	PRK	SWE	UZB



Apparatus World Cup
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10-Training Schedule

Training Hall Schedule

Date	Subdivision	Time		Duration	Gender	Unit
		Start	Finish			
Sunday 14/4/2024	per Request	8:30	12:30	4:00	WAG - MAG	Free Training - per Request
		15:30	19:30	4:00	WAG - MAG	Free Training - per Requeast
Monday 15/4/2024	subdivision 1	8:00	10:30	2:30	WAG - MAG	Free Training Subdivision 1 for VT & FX will be per Time
		8:00	8:30	0:30	WAG - MAG	General Wam-up
		8:30	9:30	1:00	WAG - MAG	WAG VT (125) - MAG FX Free Training
		9:30	10:30	1:00	WAG - MAG	WAG FX - MAG VT (135) Free Training
		11:00	13:30	2:30	WAG - MAG	Free Training Subdivision 2 for VT & FX will be per Time
	subdivision 2	11:00	11:30	0:30	WAG - MAG	General Wam-up
		11:30	12:30	1:00	WAG - MAG	WAG VT (125) - MAG FX Free Training
		12:30	13:30	1:00	WAG - MAG	WAG FX - MAG VT (135) Free Training
		14:30	17:00	2:30	WAG - MAG	Free Training Subdivision 1 for VT & FX will be per Time
	subdivision 1	14:30	15:00	0:30	WAG - MAG	General Wam-up
		15:00	16:00	1:00	WAG - MAG	WAG VT (125) - MAG FX Free Training
		16:00	17:00	1:00	WAG - MAG	WAG FX - MAG VT (135) Free Training
		17:30	20:00	2:30	WAG - MAG	Free Training Subdivision 2 for VT & FX will be per Time
	subdivision 2	17:30	18:00	0:30	WAG - MAG	General Wam-up
		18:00	19:00	1:00	WAG - MAG	WAG VT (125) - MAG FX Free Training
		19:00	20:00	1:00	WAG - MAG	WAG FX - MAG VT (135) Free Training
Tuesday 16/4/2024		Subdivision 1	8:00	9:30	1:30	WAG
	Subdivision 2	9:30	11:00	1:30	WAG	Free Training as Schudule
	Subdivision 1	14:25	14:45	0:20	WAG	General Warm-up Subdivision 1 for <i>Podium Training</i>
	Subdivision 2	16:10	16:30	0:20	WAG	General Warm-up Subdivision 2 for <i>Podium Training</i>
	per Request	16:30	18:30	1:30	MAG	Free Training per Requeast
Wednesday 17/4/2024	Subdivision 1	8:00	9:30	1:30	WAG - MAG	Free Training Subdivision 1 for VT & FX will be per Time
		8:00	8:20	0:20	WAG - MAG	General Wam-up
		8:20	8:55	0:35	WAG - MAG	WAG VT (125) - MAG FX Free Training
		8:55	9:30	0:35	WAG - MAG	WAG FX - MAG VT (135) Free Training
	Subdivision 2	9:30	11:00	1:30	WAG - MAG	Free Training Subdivision 1 for VT & FX will be per Time
		9:30	9:50	0:20	WAG - MAG	General Wam-up
		9:50	10:25	0:35	WAG - MAG	WAG VT (125) - MAG FX Free Training
		10:25	11:00	0:35	WAG - MAG	WAG FX - MAG VT (135) Free Training
	Competition Groups	15:00	20:00	0:45	MAG	General & Specific Warm-up (FX - PH - SR) Qualification
	Competition Groups	15:00	19:30	0:45	WAG	General & Specific Warm-up (VT - UB) Qualification
Thursday 18/4/2024	Subdivision 1	8:00	9:30	1:30	WAG - MAG	Free Training Subdivision 1 for VT & FX will be per Time
		8:00	8:20	0:20	WAG - MAG	General Wam-up
		8:20	8:55	0:35	WAG - MAG	WAG VT (125) - MAG FX Free Training
		8:55	9:30	0:35	WAG - MAG	WAG FX - MAG VT (135) Free Training
	Subdivision 2	9:30	11:00	1:30	WAG - MAG	Free Training Subdivision 1 for VT & FX will be per Time
		9:30	9:50	0:20	WAG - MAG	General Wam-up
		9:50	10:25	0:35	WAG - MAG	WAG VT (125) - MAG FX Free Training
		10:25	11:00	0:35	WAG - MAG	WAG FX - MAG VT (135) Free Training
	Competition Groups	15:00	20:00	0:45	MAG	General & Specific Warm-up (VT - PB - HB) Qualification
Competition Groups	15:00	19:30	0:45	WAG	General & Specific Warm-up (BB - FX) Qualification	
Friday 19/4/2024	Training	8:30	10:30	2:00	MAG - WAG	Free Training - Qualified gymnasts Training Hall
	Finalist	14:30	15:30	1:00	MAG - WAG	Specific Warm-Up (Only Finalist) (FX-PH-SR) &(VT-UB) Com. Hall
Saturday 20/4/2024	Training	8:30	10:30	2:00	MAG - WAG	Free Training - Qualified gymnasts Training Hall
	Finalist	14:30	15:30	1:00	MAG - WAG	Specific Warm-Up (Only Finalist) (VT-PB-HB) &(BB-FX) Com. Hall

11-Podium Training Schedule

Podium Training Schedule



MAG - Subdivisions

Tuesday 16/4/2024

Time		Phase	Venue	Subdivision 1				
Start	Finish			National Federations				
10:00	10:20	General Warm-up	FOP	AIN	AZE	CRO	FRA	COL
10:20	12:00	Free Training		AUT	BRA	CUB	GBR	EGY
				ARM	BUL	CYP	GEO	HAI
				AUS	CAN	DOM	GER	

Time		Phase	Venue	Subdivision 2				
Start	Finish			National Federations				
12:10	12:30	General Warm-up	FOP	IRL	LTU	HKG	USA	IRI
12:30	14:10	Free Training		ITA	MAS	PRK	UZB	PER
				JOR	MEX	QAT	VIE	SRI
				KAZ	MGL	PHI	LAT	TPE

WAG - Subdivisions & Groups

Time		Phase	Hall	Subdivision 1			
Start	Finish			VT	UB	BB	FX
14:25	14:45	General Warm-up	<i>Traning Hall</i>	All Groups			
14:45	15:07	Rotation 1	FOP	AIN-ALG AUT-AZE	BEL-BUL CRO-CZE-DEN	EGY-ESP FIN-GBR	GEO-IND ITA-HAI
15:07	15:30	Rotation 2		GEO-IND ITA-HAI	AIN-ALG AUT-AZE	BEL-BUL CRO-CZE-DEN	EGY-ESP FIN-GBR
15:30	15:52	Rotation 3		EGY-ESP FIN-GBR	GEO-IND ITA-HAI	AIN-ALG AUT-AZE	BEL-BUL CRO-CZE-DEN
15:52	16:15	Rotation 4		BEL-BUL CRO-CZE-DEN	EGY-ESP FIN-GBR	GEO-IND ITA-HAI	AIN-ALG AUT-AZE

Time		Phase	Hall	Subdivision 2			
Start	Finish			VT	UB	BB	FX
16:10	16:30	General Warm-up	<i>Traning Hall</i>	All Groups			
16:30	16:52	Rotation 1	FOP	LAT-MEX MON-KAZ	PAN-PHI NZL-POR-PRK	QAT-SLO SRI-SWE	TPE-TUR UKR-UZB
16:52	17:15	Rotation 2		TPE-TUR UKR-UZB	LAT-MEX MON-KAZ	PAN-PHI NZL-POR-PRK	QAT-SLO SRI-SWE
17:15	17:37	Rotation 3		QAT-SLO SRI-SWE	TPE-TUR UKR-UZB	LAT-MEX MON-KAZ	PAN-PHI NZL-POR-PRK
17:37	18:00	Rotation 4		PAN-PHI NZL-POR-PRK	QAT-SLO SRI-SWE	TPE-TUR UKR-UZB	LAT-MEX MON-KAZ



16th FIG Art Gymnastics World Cup

TaiShan

Doha 17 - 20/04 /2024

Bus Scheduled



12-Transportation

MAG Judges

Aziziyah Hotel

Date	Depart			Return			Remark
	From	To	Time	From	To	Time	
16/04/2024	Aziziyah Hotel	Laides Sport Hall	8:45	Laides Sport Hall	Azizya Hotel	14:20	Men's Judge's & TD Meeting (Instruction & Draw) Podium Training
17/04/2024	Aziziyah Hotel	Laides Sport Hall	14:30	Laides Sport Hall	Azizya Hotel	19:30	Men's Judge's Qualification part 1 Roll Call
18/04/2024	Aziziyah Hotel	Laides Sport Hall	14:30	Laides Sport Hall	Azizya Hotel	19:30	Men's Judge's Qualification part 2 Roll Call
19/04/2024	Aziziyah Hotel	Laides Sport Hall	13:45	Laides Sport Hall	Azizya Hotel	19:40	Instruction Meeting Apparatus Final part 1
20/04/2024	Aziziyah Hotel	Laides Sport Hall	13:45	Laides Sport Hall	Azizya Hotel	19:40	Instruction Meeting Apparatus Final part 2

Grand Regency Hotel

Date	Depart			Return			Remark
	From	To	Time	From	To	Time	
16/04/2024	Grand Regency Hotel	Laides Sport Hall	8:25	Laides Sport Hall	Grand Regency Hotel	14:20	MAG Judge's & TD Meeting (Instruction & Draw) Podium Training
17/04/2024	Grand Regency Hotel	Laides Sport Hall	14:25	Laides Sport Hall	Grand Regency Hotel	19:40	MAG Judge's Qualification part 1 Roll Call
18/04/2024	Grand Regency Hotel	Laides Sport Hall	14:25	Laides Sport Hall	Grand Regency Hotel	19:40	MAG Judge's Qualification part 2 Roll Call
19/04/2024	Grand Regency Hotel	Laides Sport Hall	13:40	Laides Sport Hall	Grand Regency Hotel	19:40	Instruction Meeting Apparatus Final part 1
20/04/2024	Grand Regency Hotel	Laides Sport Hall	13:40	Laides Sport Hall	Grand Regency Hotel	19:40	Instruction Meeting Apparatus Final part 2



16th FIG Art Gymnastics World Cup

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Doha 17 - 20/04 /2024

Bus Scheduled



WAG Judges

Aziziyah Hotel

Date	Depart			Return			Remark		
	From	To	Time	From	To	Time			
16/04/2024	Aziziya Hotel	Laides Sport Hall	13:00	Laides Sport Hall	Aziziya Hotel	18:10	WAG Judge's & TD Meeting (Instruction & Draw) Podium Training		
17/04/2024	Aziziya Hotel	Laides Sport Hall	15:00	Laides Sport Hall	Aziziya Hotel	19:10	WAG Judge's Qualification part 1 Roll Call		
18/04/2024	Aziziya Hotel	Laides Sport Hall	15:00	Laides Sport Hall	Aziziya Hotel	19:10	WAG Judge's Qualification part 2 Roll Call		
19/04/2024	Aziziya Hotel	Laides Sport Hall	14:30	Laides Sport Hall	Aziziya Hotel	19:40	Instruction Meeting Apparatus Final part 1		
20/04/2024	Aziziya Hotel	Laides Sport Hall	14:30	Laides Sport Hall	Aziziya Hotel	19:40	Instruction Meeting Apparatus Final part 2		

Grand Regency Hotel

Date	Depart			Return			Remark		
	From	To	Time	From	To	Time			
16/04/2024	Grand Regency Hotel	Laides Sport Hall	12:45	Laides Sport Hall	Grand Regency Hotel	18:10	WAG Judge's & TD Meeting (Instruction & Draw) Podium Training		
17/04/2024	Grand Regency Hotel	Laides Sport Hall	14:45	Laides Sport Hall	Grand Regency Hotel	19:40	WAG Judge's Qualification part 1 Roll Call		
18/04/2024	Grand Regency Hotel	Laides Sport Hall	14:45	Laides Sport Hall	Grand Regency Hotel	19:40	WAG Judge's Qualification part 2 Roll Call		
19/04/2024	Grand Regency Hotel	Laides Sport Hall	14:15	Laides Sport Hall	Grand Regency Hotel	19:40	Instruction Meeting Apparatus Final part 1		
20/04/2024	Grand Regency Hotel	Laides Sport Hall	14:15	Laides Sport Hall	Grand Regency Hotel	19:40	Instruction Meeting Apparatus Final part 2		

Delegation - Bus Scheduled

MAG - WAG

Aziziyah Boutique - Torch Hotels



Date	Depart			Return			Remark
	From	To	Time	From	To	Time	
14/4	Aziziya Hotel	Training Hall	8:15	Training Hall	Aziziya Hotel	12:10	Free Traning
	Aziziya Hotel	Training Hall	15:45	Training Hall	Aziziya Hotel	19:40	Free Traning
15/4	Aziziya Hotel	Training Hall	7:45	Training Hall	Aziziya Hotel	10:40	Free Traning MAG - WAG Subdivision 1
	Aziziya Hotel	Training Hall	10:45	Training Hall	Aziziya Hotel	13:40	Free Traning MAG - WAG Subdivision 2
	Aziziya Hotel	Training Hall	14:15	Training Hall	Aziziya Hotel	17:10	Free Traning MAG - WAG Subdivision 1
	Aziziya Hotel	Training Hall	17:15	Training Hall	Aziziya Hotel	20:10	Free Traning MAG - WAG Subdivision 2
16/4	Aziziya Hotel	Training Hall	7:45	Training Hall	Aziziya Hotel	10:10	Free Traning WAG Subdivision 1
	Aziziya Hotel	Training Hall	9:14	Training Hall	Aziziya Hotel	11:40	Free Traning WAG Subdivision 2
	Aziziya Hotel	FOP	9:45	FOP	Aziziya Hotel	12:10	podium free Training MAG sub 1
	Aziziya Hotel	FOP	11:55	Training Hall	Aziziya Hotel	14:20	podium free Training MAG sub 2
	Aziziya Hotel	Training Hall	14:10	FOP	Aziziya Hotel	16:25	podium free Training WAG sub 1
	Aziziya Hotel	Training Hall	15:55	FOP	Aziziya Hotel	18:10	podium free Training WAG sub 2
	Aziziya Hotel	Ladies Club	18:15	Ladies Club	Aziziya Hotel	19:40	Orientation Meeting (18:30 - 19:30)
	Aziziya Hotel	Training Hall	16:15	Training Hall	Aziziya Hotel	18:10	Free Traning MAG Subdivision 1
17/4	Aziziya Hotel	Training Hall	7:45	Training Hall	Aziziya Hotel	10:10	Free Traning MAG - WAG Subdivision 1
	Aziziya Hotel	Training Hall	9:15	Training Hall	Aziziya Hotel	12:10	Free Traning MAG - WAG Subdivision 2
	Aziziya Hotel	Training Hall	14:45	FOP	Aziziya Hotel	20:10	Qualification part 1 MAG-WAG
18/4	Aziziya Hotel	Training Hall	7:45	Training Hall	Aziziya Hotel	10:10	Free Traning MAG - WAG Subdivision 1
	Aziziya Hotel	Training Hall	9:15	Training Hall	Aziziya Hotel	12:10	Free Traning MAG - WAG Subdivision 2
	Aziziya Hotel	Training Hall	14:45	FOP	Aziziya Hotel	20:10	Qualification part 1 MAG-WAG
19/4	Aziziya Hotel	FOP	8:15	FOP	Aziziya Hotel	10:40	Free Traning MAG - Qualify Gymnast
	Aziziya Hotel	FOP	14:15	FOP	Aziziya Hotel	19:40	G. Warm-up & Competition part 1 M-W
20/4	Aziziya Hotel	FOP	8:15	FOP	Aziziya Hotel	10:40	Free Traning MAG - Qualify Gymnast
	Aziziya Hotel	FOP	14:15	FOP	Aziziya Hotel	19:40	G. Warm-up & Competition part 1 M-W



16th FIG APPARATUS WORLD CUP
TaiShan
Doha, QATAR 17-20/04 /2024



Delegation - Bus Scheduled

MAG - WAG
Grand Regency Hotel



Date	Depart			Return			Remark
	From	To	Time	From	To	Time	
14/4	Grand Regency Hotel	Training Hall	8:10	Training Hall	Grand Regency Hotel	12:10	Free Training
	Grand Regency Hotel	Training Hall	15:40	Training Hall	Grand Regency Hotel	19:40	Free Training
15/4	Grand Regency Hotel	Training Hall	7:40	Training Hall	Grand Regency Hotel	10:40	Free Training MAG - WAG Subdivision 1
	Grand Regency Hotel	Training Hall	10:40	Training Hall	Grand Regency Hotel	13:40	Free Training MAG - WAG Subdivision 2
	Grand Regency Hotel	Training Hall	14:10	Training Hall	Grand Regency Hotel	17:10	Free Training MAG - WAG Subdivision 1
	Grand Regency Hotel	Training Hall	17:10	Training Hall	Grand Regency Hotel	20:10	Free Training MAG - WAG Subdivision 2
16/4	Grand Regency Hotel	Training Hall	7:40	Training Hall	Grand Regency Hotel	10:10	Free Training WAG Subdivision 1
	Grand Regency Hotel	Training Hall	9:10	Training Hall	Grand Regency Hotel	11:40	Free Training WAG Subdivision 2
	Grand Regency Hotel	FOP	9:40	FOP	Grand Regency Hotel	12:10	podium free Training MAG sub 1
	Grand Regency Hotel	FOP	11:50	Training Hall	Grand Regency Hotel	14:20	podium free Training MAG sub 2
	Grand Regency Hotel	Training Hall	14:05	FOP	Grand Regency Hotel	16:25	podium free Training WAG sub 1
	Grand Regency Hotel	Training Hall	15:50	FOP	Grand Regency Hotel	18:10	podium free Training WAG sub 2
	Grand Regency Hotel	Ladies Club	18:10	Ladies Club	Grand Regency Hotel	19:40	Orientation Meeting (18:30 - 19:30)
	Grand Regency Hotel	Training Hall	16:10	Training Hall	Grand Regency Hotel	18:10	Free Training MAG per request
17/4	Grand Regency Hotel	Training Hall	7:40	Training Hall	Grand Regency Hotel	9:40	Free Training MAG - WAG Subdivision 1
	Grand Regency Hotel	Training Hall	9:10	Training Hall	Grand Regency Hotel	11:10	Free Training MAG - WAG Subdivision 2
	Grand Regency Hotel	Training Hall	14:40	FOP	Grand Regency Hotel	19:30	Qualification part 1 MAG-WAG
18/4	Grand Regency Hotel	Training Hall	7:40	Training Hall	Grand Regency Hotel	9:40	Free Training MAG - WAG Subdivision 1
	Grand Regency Hotel	Training Hall	9:10	Training Hall	Grand Regency Hotel	11:10	Free Training MAG - WAG Subdivision 2
	Grand Regency Hotel	Training Hall	14:40	FOP	Grand Regency Hotel	19:30	Qualification part 1 MAG-WAG
19/4	Grand Regency Hotel	FOP	8:10	FOP	Grand Regency Hotel	10:40	Free Training MAG - Qualify Gymnast
	Grand Regency Hotel	FOP	14:10	FOP	Grand Regency Hotel	19:40	G. Warm-up & Competition part 1 M-W
20/4	Grand Regency Hotel	FOP	8:10	FOP	Grand Regency Hotel	10:40	Free Training MAG - Qualify Gymnast
	Grand Regency Hotel	FOP	14:10	FOP	Grand Regency Hotel	19:40	G. Warm-up & Competition part 1 M-W

13-Orientation Meeting



The Orientation Meeting will be held on Tuesday 16th April will start 06:30 PM at Aspire Laides Club (Auditorium) , The presence of the participating NF to the orientation meeting is mandatory. Delegations have to attend this meeting with a maximum of 2 accredited members per delegation.

14-Medal Award Ceremony

According to the FIG regulations, the gymnasts are requested to wear the National Track Suit during the awarding ceremonies. Please ensure that your Federation's medallists are in time for the line-up prior to the ceremonies. **A trophy will be awarded to the winners of each apparatus. distributed after end of medal ceremony**

15-TV & Media coverage

The host broadcaster is Al Kass Channel. Local media representatives covering events will be accredited in accordance with FIG media rules.

16-Drawing of Lots

The gymnasts' drawing of lots for all FIG Individual Apparatus World Cup events will take place on site immediately after the orientation meeting or during a separate function organized for the draw. At the time of the nominative registration, the apparatus on which the gymnast will compete must be mentioned. Modifications can be made. Gymnast may be changed, and apparatus can be added as long as 2 gymnasts/apparatus/NF is respected.

17-Music

Please submit the music of the WAG floor competitors by hand in a CD or USB-Stick directly at the FOP. Music Coordinator And please make sure to come to the DJ's desk for a quick check during training sessions.

18-Competition Format

The competition will be held in accordance with the FIG Technical Regulation and the rules for the FIG individual apparatus World Cup Series in Artistic Gymnastics.

For the qualification competition the gymnasts will be divided into groups as per the drawing of lots results.

For qualification & apparatus finals will be a one touch warm-up granted for 30 seconds (Uneven Bars and Parallel Bars: 50 seconds) to each gymnast at the start of each group. For the Apparatus Finals, this touch warm-up will be made in two groups as per the starting order:

- Gymnasts 1, 2, 3, 4 do their touch warm-up and compete first
- Gymnasts 5, 6, 7, 8 do their touch warm-up and compete second

*Gymnasts will be **free** to return to the Warm-Up Hall if they should wish. However, it is their **responsibility** to be back in the FOP in time for their performance.*

important note:

During qualifying and finals, only 1 gymnast, 1 coach, and 1 medical staff are allowed on the FOP during competition.

If there are 2 gymnasts from same N.F, there will be 2 coaches with 1 medical staff.